

Medical Cannabis Improves Pain in Palliative Care

In a survey of 101 patients from a single ambulatory palliative care practice in Georgia with medical cannabis cards, 96% believed that cannabis was important for pain management, researchers reported in the *Journal of Palliative Medicine*.

In addition, a majority of those patients with cancer reported cannabis as being important for cancer cure (59%).

A majority of the patients had cancer (76%) and were married (61%), disabled or



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retired (75%), older than 50 years of age (64%), and male (56%). The most common administration of cannabis was ingestion (61%) or vaporization (49%). Side effects were reportedly “minimally bothersome,” with drowsiness being the most common adverse effects (28%).

Zarrabi AJ, Welsh JW, Sniecinski R, et al. Perception of benefits and harms of medical cannabis among seriously ill patients in an outpatient palliative care practice [Epub ahead of print]. *J Palliat Med*. 2019 Sep 20. doi: 10.1089/jpm.2019.0211.