



Patients With Epilepsy Commonly Use Cannabis

Nearly 9 of 10 patients with epilepsy surveyed at a single epilepsy center in Oregon reported using cannabis for medicinal use, according to data published in *Epilepsy & Behavior*.

Of 39 respondents, 34 (87%) reported using cannabis for the purpose of treating epilepsy, and most strongly agreed (54%) or agreed (28%) that cannabis improved their seizure control. The most common cannabis strains used had high cannabidiol (CBD) concentrations, and smoking was the most common method of administration (67%), followed by edibles (50%), and concentrates (44%).

The most common sources of cannabis were medical and recreational dispensaries, followed by home grown and family/friends.

Kerr A, Walston V, Wong VSS, Kellogg M, Ernst L. Marijuana use among patients with epilepsy at a tertiary care center. *Epilepsy Behav.* 2019;97:144-148.